

Candidates for European Representative (in alphabetical order)



Juan Francisco Artaloytia (Madrid Psychoanalytical Association)

I am running for this second term after a year and a half of intense work. We came in at a turbulent time during the pandemic, with the withdrawal of a European candidate shortly before the elections and the resignation of an elected European representative as soon as our term began. Both were due to disagreements with the strategic direction and the decision-making processes of both the outgoing and the incoming administrations.

So, we had to get down to work right away. One of the most contentious issues from the outset was the discrepancy in dues payments across regions. Henk Jan and his finance team had already taken steps to bring us closer to a more balanced system. I was part of the working group for the Covid emergency funds. Faced with a highly polarised confrontation between regions, we were able to find a creative solution by focusing on the economic situation of the individual rather than that of any specific country. This measure was approved by consensus, and I anticipate that it will serve as a model to solve other financial issues, allowing increasingly fair and equitable outcomes and resolving tensions between countries and regions over economic issues.

The link function that fosters a fluid and two-way transmission of information between the Board and the Society Presidents is also one of my important commitments.

Putin's cruel and unjust invasion of Ukraine jeopardises our ability to offer solidarity and support to those Societies and colleagues who are suffering this madness first-hand.

Additionally, I have been involved from the beginning in the debate about the role of teleanalysis in the future of analytic training. This is a longstanding debate that has been brought to the fore during the pandemic emergency. The IPA is a membership association with many different opinions, and it is vital to have a broad knowledge of the issue in an effort to go deep into the different arguments to find good enough solutions that ensure a high-quality training. Extreme polarisation often leads to counterproductive conflict. It is always more fruitful to be open to differences and the possibility of seeking points of agreement.

Finally, I have some concerns about what is happening at APSA. Firstly, because I consider the exceptionalism they enjoy in the regulation of training standards within the US to be very unfair, despite there being historical reasons for this since Freud's time. Secondly, because I think their plans to open membership up to non-psychoanalysts is a mistake.

Fortunately, we have a very good working atmosphere with the President, Vice President, Treasurer, and Representatives from other regions. I think we have formed a good collaborative team. It is my commitment to continue working to find a consensus that will allow us to resolve some of these issues and achieve a solid IPA on a firm footing as it advances towards the future.

Juan Francisco Artaloytia MD, PhD

IPA: Representative for Europe in the Board 7-2021/7-2023; Emergency Group ad hoc Committee since August 2021; Remote Analysis Board Ad Hoc Group 8-2021/1-2022; Task Force on Psychoanalytic Training in Contemporary Times since 7-2022.

IJP: Member of the Spanish Annual Book of The International Journal of Psychoanalysis since 2019.

APM: Covid-19 Crisis Committee. Since 2020, Seminars' Responsible. 2016-19 Editor in Chief, 2012-15 Scientific Secretary of "Revista APM", in PEP. 2010-14, CACI North Spain, psychoanalysis spread, low-cost treatments. 2001-05, Candidates Representative.

Candidates for European Representative (in alphabetical order)



Lesley Caldwell (British Psychoanalytic Association)

The pandemic and its continuing effects, and the war in the Ukraine and its tragic consequences for our colleagues in the many countries affected by this wholesale devastation have shaped the current administration's activities and its provision of psychoanalytic and practical assistance, support, and training for colleagues working in the most extreme conditions. For me, the extent of the difficulties faced by colleagues emphasises the importance of the IPA as an association dedicated to confronting *psychoanalytically* the effects of such devastating world issues and their impact upon analytic practice. Its clinical, supervisory, financial and practical support involves a dedication to the training of clinicians, to the care of colleagues, and, more generally, to all aspects of mental health provision.

As individual psychoanalysts we bring to these societal issues, with our patients in the studio and with our participation in the wider world, the capacity to think analytically, and the particular experience, knowledge and practice it involves. But the IPA carries a further responsibility: the maintenance of psychoanalysis as an indispensable resource in a troubled and troubling world. This involves the regulation and training of future analysts in the considerable demands of intensive clinical work, the regulation of individual IPA analytic societies, and the associated need to deal with the boundary violations and mistakes that continue to occur institutionally and individually. The IPA is charged with overseeing each of these spheres as they manifest in different regions. It is this that constitutes its distinctive contribution.

The Task force on Psychoanalytic Training in Contemporary Times, established to study all current forms of the psychoanalytic encounter and due to report in November 2023, is dedicated to ensuring that fundamental tenets remain in matters of standards of training and of personal and institutional ethics. It recognises that each of the various forms of delivery of a sound training throughout the regions – in-studio work, tele analysis, phone sessions, shuttle and condensed analysis, hybrid models – has implications for the analytic process and the analytic frame. The pandemic has forced us all to work in different conditions and for me this was a loss. But it has also provided valuable information with which to confront the delivery of psychoanalysis in the future. Extensive research is required to understand and absorb these changes and to anticipate how a new reality can be constructed.

Working for the psychoanalysis we cherish while remaining aware of the vast differences in individual and institutional psychoanalytic histories can either bring us together or separate us. The capacity to listen and respect for the other are foundational aspects of psychoanalysis for all psychoanalysts; they must also exist at the highest governance levels of the IPA. If re-elected I will aim to hold to these psychoanalytic ways of proceeding as the Board negotiates the difficult decisions regarding a future shaped by present anxieties and their effects on our institutions, practitioners and patients.

European rep IPA Board, 2021-2023; member Finance committee 2021-2023 COWAP European rep, 2018-2021 Member Faimberg's Listening to Listening 2010–; Moderator 2016-. New members' seminar Brussels, 2019.

Member BPA 2006-; Guest Member BPAS 2006-2020, Clinical Associate, BPAS, 2020-;

TA Committee IPCAPA (independent child/adolescent training) 2013-2019

Honorary Professor Psychoanalysis Unit, UCL, Coordinator Interdisciplinary programme 2010-2016;

EPF (film) committee 2014-2020; Winnicott Trust 2002-2016, Chair 2008-2012. Joint General editor *Collected Works of D. W. Winnicott* (2016).

Candidates for European Representative (in alphabetical order)



Gabriella Giustino (Italian Psychoanalytical Society)

Candidate for European Board Representative - 2023 IPA election

My institutional responsibility as Secretary of the SPI board, my experience as training and supervising analyst, and my frequent participation in local and international EPF and IPA scientific meetings¹, have taught me the importance of considering clinical and theoretical differences as a source of enrichment and mutual respect within the psychoanalytic community.

Joseph Sandler (1957) stated that psychoanalytic concepts are elastic and that they can expand and enrich themselves with other theoretical- clinical contributions, allowing the integration of new observations (paying marked attention, however, not to “stretch” these concepts too much, otherwise they could lose their psychoanalytic specificity). In my opinion, in this formulation we can find a metaphor for the balance that our discipline has been pursuing for over 100 years, one which ensures its longevity.

I seek election as a European representative to the IPA board, drawing on two main points:

- **The IPA as a community and a container for psychoanalytic identity**

The ability of psychoanalysis to evolve without ever relinquishing its solid roots must be governed with competence and sensitivity by an international institution such as the IPA. In my view, all psychoanalysts should experience the IPA as a worthwhile and highly qualified common house, an open-minded centre of scientific elaboration, and a protective professional container for all its members. I would like to emphasise the irreplaceable role of the IPA in the field of science as a facilitator of an exchange of ideas, of development, and of the elaboration and integration of the various theoretical-clinical contributions from areas that are also geographically distant. This is a role that only the IPA can carry out, thanks to its inter-regional structure and the “inclusive and open-minded IPA mentality”, of which the Board is both author and guarantor. In my view, the IPA plays a pivotal role in the **creation of a common language**, based on participation in committees and task forces, inter-regional exchanges facilitated by CAPSA and Working Groups, the IPA website, inter-societal activities, and fertile cooperation with regional federations and national societies.

¹ My experience in the consulting room with patients has been enriched by holding lectures and seminars at analytic institutes, participating in conferences both locally and internationally, teaching, carrying out supervision and research, and publishing and reviewing papers in the International Journal of Psychoanalysis.

- **IPA commitment to social issues**

During the “perfect storm” of the environmental, socioeconomic, political, and psychological threat psychoanalytic thinking has a lot to offer, not just in the consulting room, but outside too. Our analytic experience informs our capacity to contribute to wider current debates, such as poverty, migration, race, climate change, gender, which have a great impact upon analytic practice. I recognize the great effort the IPA has put in to advance in this respect and I wish to contribute to the IPA Board, which provides an international network for psychoanalytic exchange regarding problems that increasingly affect our lives and those of our patients.

2017-2021 Secretary of the SPI Board / Editor in Chief of the SPI website (Spiweb)

2008-2012 Member of the Board, Milanese Centre of Psychoanalysis Since 2018 Training and supervising analyst, Italian Psychoanalytic Society

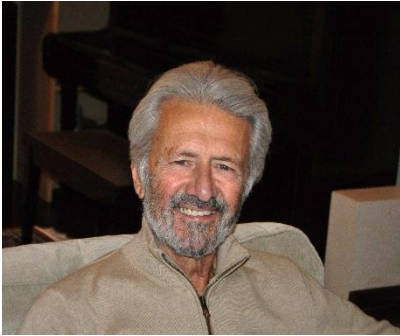
Since 2021 Member of the institute of training (second evaluation) committee

Since 2021 Member of the SPI psychoanalysis and neuroscience interdisciplinary committee

Since 2021 Member of the SPI-3Level Method research committee

2021-2022 Participation in the pilot project “Interregional Meeting Societies on Education”, Chaired by Angelika Staehle (PEC-IPA).

Candidates for European Representative (in alphabetical order)



Dimitris J. Jackson (Hellenic Psychoanalytical Society)

During my first term as European Representative on the IPA Board, I became acquainted with the problems facing our discipline globally. As analysts we look outwardly, seeing that psychoanalysis has developed differently in various regions of the world, while as IPA analysts, we need to maintain and protect our core values as a scientific discipline within the broader field of the humanities. The covid pandemic has brought to light differing views concerning the role of remote analysis for example, 'is it still psychoanalysis?' I believe there is a place for remote analysis, when there is no other alternative and within certain parameters. How do we develop going into the future, especially as a fourth region, the Asia-Pacific, is gradually taking shape? How will this affect the fair representation of each region? But we also need to look inwardly, within our own ranks. Are there factors that require some self-reflection, that make psychoanalysis less attractive to minorities, either as treatment or as profession? What is the right balance between reflection and activity when we confront social issues such as racism, discrimination and war? We constantly need to re-think the role of the IPA today. Is it still relevant to the lives of practicing psychoanalysts? At times, our differences seem unbridgeable and consensus appears beyond reach. At times the 'impossible profession' seems to include our institutions as well. One response is to turn away and huddle within our own group, turning away from the IPA as a forum for dialogue and constructive debate. Dialogue can be tedious, but there is no other way. The only alternative is fragmentation and splitting. The values we share as IPA psychoanalysts, either individually or collectively, are greater than those that separate us. They are based on what Freud called 'a love of truth' ('... a recognition of reality- that... precludes any kind of sham or deceit.' [Freud 1937]). Truth can be attacked but not destroyed. Similarly, psychoanalysis was and is being attacked but I believe (ultimately) cannot be destroyed. However, accepting our differences does not mean an 'anything goes' approach, as this would dilute the principles of psychoanalytic theory and practice to a point where they became almost meaningless. The knowledge and insights derived from psychoanalysis, are derived from the in-depth interaction between analyst and analysand within a unique setting. Although there must be room for flexibility, I believe this unique setting needs to be nurtured and protected. Remove or drastically alter it, and psychoanalysis loses its underpinnings. Not everything is true or can be accepted as 'psychoanalysis'.

We must debate and at times our debates can become quite impassioned. But I believe 'common ground' will eventually be found, if not by us then by the next generation of analysts, since one of our primary goals is to secure the longevity and development of psychoanalysis world-wide going into the future. For this, I ask for your support in my bid for re-election for a second term as European Representative of the IPA.

Dr. Dimitris James Jackson. Hellenic Psychoanalytical Society. Training Analyst HPS 2009. Guest member British Psychoanalytical Society 2016. Director of Training 2012-2014 Former Vice-President of HPS. Chair: Scientific Activities Committee. General Secretary of the Delphi International Psychoanalytic Symposium. IPA: Moderator (2005-2010) Working Party on Comparative Clinical Methods (David Tuckett). Former member of IPA Liaison Sponsoring Committee for Bulgarian Psychoanalytic Society. Visiting seminar leader and supervisor Istanbul Psychoanalytic Association. Editor (2013-2018) Greek Annual of the IJP. Contributor: IPA Inter-regional Encyclopedic Dictionary. Currently European representative IPA Board.

Candidates for European Representative (in alphabetical order)



Yael Samuel (Israel Psychoanalytic Society)

Dear colleagues,

I was born in Paris in 1956, I am married with two children. I lived and worked in Paris, Brussels and in Israel where I settled 24 years ago.

I became a clinical psychologist in 1983 and started my psychoanalytical training in 1998. In 2008 I became a member of the Israel Psychoanalytic Society (IPS) and am a training analyst since 2013. I work full-time in my private practice as an analyst. I teach and supervise candidates within the training institute of the IPS.

Based on my experience in many committees within the IPS and on the international level, I wish to submit my candidacy for the election of the European representatives. Being a member of the board will further my involvement in psychoanalysis. If I am elected, I will endeavor to defend the following points:

- The European Psychoanalysis has its specific needs and challenges which must be well represented while maintaining a global perspective and respecting the cultural differences.
- Psychoanalysis is a treatment method and its principles and values have to be supported for the IPA's members as well as for the training of the candidates who are our future.
- Psychoanalytic thinking has never been more needed outside the consulting room. The IPA in the community and in the World coordinates hundreds of projects which help professionals and citizens to cope with environmental, societal, political, physical and psychological changes, conflicts and wars. In view of their extreme importance, these activities have to be sustained and reinforced.
- To ensure the sense of belonging, the IPA has to maintain constant and understandable communication of the field of the psychoanalysis with its members. Clear information to the external audience is also needed.

These points are general. As I better understand the IPA's structure of the three regions and its complexity, I will familiarize myself with more specific issues confronting the association.

Over many years, besides my psychoanalytic practice, I acquired through my involvement in the IPS leadership abilities and governance experience. I was a member of the IPS Studies Center Committee, member of the IPS Training Committee and the IPS Board, and Chair of the IPS Committee for the outreach program and activities.

I have experience working in and with the IPA as Co-chair of the IPA in Health Committee, as member of the IPA in the Community and the World Steering Committee and as member of the IPA Psychoanalytic Education Committee.

During my professional life, I have worked with psychoanalysts from different countries and cultures. The IPS is itself a melting pot with its members coming from many origins. I was exposed to diverse points of view which significantly enriched my professional career and activities.

If I am elected, I will bring to the board my involvement, my deep conviction to psychoanalysis, as well as my experience working in psychoanalytic institutions. I will endeavor to contribute to the IPA's mission and together with my colleagues face current and future challenges of psychoanalysis.

- Co-chair with Harvey Schwartz of the IPA in Health Committee, 2021-2022.
- Member of the IPA in the Community and the World Steering Committee headed by Mira Erlich Ginor, 2021-2022.
- Member of the IPA in Health Committee, 2018-2022.
- Member of the IPA Psychoanalytic Education Committee as a representative of the IPS Training Committee, 2016-2019.
- IPS President's representative for the French Speaking Psychoanalysts Congress (CPLF), 2015-2022.

Candidates for European Representative (in alphabetical order)



Dace Sortland (Norwegian Psychoanalytic Society)

It has been a long journey to this moment of great honour to be proposed as a candidate for the position of European Representative to the Board of the IPA. The last decades of my life have been dedicated to Scandinavia, the Norwegian Psychoanalytic Society, while my journey started in Riga when there were no psychoanalysts there yet.

Growing up in a bilingual state, witnessing external suppression to enforce counter-culture, experiencing transitions through destruction and then reconstruction in the post-Soviet time, have enriched my experience of diversities and expanded my perspective. As did two educations and two paths to becoming a psychoanalyst.

I discovered the power of conversation when writing interviews for newspapers, and continued exploration of human depths by studying Theatre and Film, acquiring a Bachelor of Arts before becoming a medical doctor. Since then my professional life has been dedicated to clinical work.

After the fall of the Iron Curtain, the first generation of psychoanalysts was created. We fell in love with psychoanalysis in summer schools in Dubrovnik and Kiev, became candidates of the Han Groen Prakken Institute of Eastern Europe and started our Shuttle Analysis trips to different countries - as there were no IPA analysts yet in ours. Experiencing Balkan culture shortly after the war through my Shuttles, being welcomed in the homes of analysts while attending weekend seminars at Amsterdam Psychoanalytic Institute, expanded my understanding of different cultures and different needs, creating treasured friendships which last to this day.

For family reasons we moved to Norway. A new training began at Norwegian Psychoanalytical Institute under the Eitingon model until I became a member and further training analyst of Norwegian Psychoanalytic Society, involved in various tasks at the Norwegian Psychoanalytic Institute, continuing my professional development in international groups.

When asked about my experience of several cultures, I share that psychoanalysts are my link between countries, as the depth of the human soul has a universal language, independent from the language one speaks. We have a common task to take care of this universal language in times of war in Europe, with challenging political and economic realities, Covid forcing us to explore psychoanalysis without embodiment, growing pressure to commit to less time and more financially affordable treatment methods affecting the recruitment of candidates. We all become part of the evolution of psychoanalysis through exchanging of ideas and sharing clinical experience, integrating discoveries from other scientific disciplines, while safeguarding the core values and the quality of the standards in transmission of psychoanalysis between generations. Some of us reaching minds beyond individual consulting rooms sharing understanding in the hope that it can make a difference.

Travellers return home with wider perspectives. I am grateful to everyone I met on my way. I hope my journeys diverse integrated multicultural experiences and creative background could be of value and a resource as the European Representative. To continue creating bridges, staying genuine, accessible and attentive in promoting the IPA's mission to secure the continued vigour and development of psychoanalysis.

Dace Sortland

Psychiatrist, Training analyst of The Norwegian Psychoanalytical Society / The Norwegian Psychoanalytic Institute

Board Member of Norwegian Psychoanalytic Institute / Member of The Training Committee - 2020-present

Head of Committee for Supervision, Norwegian Psychoanalytic Institute - 2020-present

Member of Committee of Education, Norwegian Psychoanalytic Institute - 2016-2020

On-going workgroups with European colleagues from different countries

Candidates for European Representative (in alphabetical order)



Conceição Tavares de Almeida (Portuguese Society of Psychoanalysis)

Part of Portugal's history was dominated by a ruthless dictatorial regime whose slogan was "proudly alone". As I stand again for the position of European Representative to the Board of IPA, I want to make it clear that our strength and purpose come precisely from not being alone. Two years ago, I highlighted my values, skills and good intentions. Since then, having worked both hard and enthusiastically with my fellow travellers, I can say beyond a doubt that the journey has been challenging, demanding, fruitful. My commitment is not only with Psychoanalysis, but with psychoanalysts all together. Why the distinction? Because I see IPA as a living body with a purpose and a meaning, whose mission can only be accomplished by people, for people. These people can come in all shape and colours, committed beyond individual, regional, cultural specificities. From an international understanding, a simple arithmetic sum of parts won't stand due to the complexity within: hopefully, we are transformed by what we create, allowing us not only to recognize ourselves in that result, but also to be surprised by it.

A popular expression states that "we can only give our children roots and wings". In my previous statement, I referred to the IPA as an "inner good enough object" and mentioned how Freud's legacy has an aesthetic impact on me, realizing both its potential and frailty.

Being a European Representative Board member, so far, has added more clarity and a sense of responsibility to that first impression, giving me both depth and thickness. The current President's leadership, combined with a trustful and productive atmosphere among Board members, has been quite inspirational. Working closely with EPF and within the link function, provided the opportunity to acknowledge the pulsar of facts, worries, needs, hopes, and to transmit them back. The emergent contents in debate reflect that complexity: is the core of Psychoanalysis being questioned by technological development and social transformations? how can diversity discrimination be overcome? may representation find a fair balance that will not jeopardize our identity?

In order to perform this political position in a relevant and meaningful way, I stand by the idea that we are one body trying to overcome our differences by accepting the challenges lying underneath this diversity. As analysts, we are quite aware that conflictual activity is an expression of life itself and that Utopia is an internal (lost) object we grasp to achieve, while communication and exchanges are what we can actually reach, moving forward towards the wings of a future rooted in our pass.

Two years ago, I felt very honored and grateful for being elected. At this point, I hope I have earned that trust and I promise to respect again the same values: to guarantee freedom of thinking; to pursuit balance and conciliation; to address variety and yet drawing the line between crucial and accessory; to defend that it is only through being different that we can aim to become equal; to stand proudly as one.

IPA Board Member: European representative elected (2021-2023); Link function between IPA's Board and European Societies; Ad Hoc working group on Prejudice, Discrimination, Racism; Appointments Committee.

Portuguese Psychoanalytic Society Board Member: Vice-President (2015-2019); Scientific Secretary (2011-2015). Ad Hoc Committee member working with IPA's delegate in order to negotiate Portuguese direct IPA members (2012). Education Committee: member since 2020. Currently Director of Training.

Panelist and reviewer for IPA's Congress.

COWAP liaison member (since 2015).

IPSO national delegate (2001-2004).

Candidates for European Representative (in alphabetical order)



Martin Teising (German Psychoanalytical Association)

I completed my psychoanalytic training with the German Psychoanalytic Association (DPV) in 1990. Since then I have worked continuously in psychoanalytic practice. In 2006 I was commissioned to conduct teaching analyses. I am a specialist in psychiatry and psychotherapy as well as psychotherapeutic medicine.

I apply psychoanalytic knowledge both in the clinical work with patients and in the social-psychiatric, educational and journalistic fields. Thus, I am active as a supervisor, in continuing education and training and as an author also in generally accessible media, in order to convey experiences from clinical practice to other professional groups in a modified form.

Even as a candidate, I regularly participated in international events of psychoanalysis and took part in scientific exchange. The history of my country and its significance for future generations is always present in this context.

I have been working as an academic since 1983, first at the University of Kassel, later as a senior consultant in the Department of Psychoanalysis at the University of Tübingen, before being appointed professor at the Frankfurt University of Applied Sciences in 1994. From 2012 to 2018, I was president of the International Psychoanalytic University Berlin. My task was to integrate psychoanalysis into the academic world and to promote young academics with psychoanalytic qualifications in cooperation with the Psychoanalytic Institutes and Societies.

My research interests focus on the psychodynamics of ageing and suicidality and related ethical and gender-specific issues. I have worked on unconscious aspects of nursing relationships and on psychoanalytic conceptualisations of health and illness, as well as the function of the contact barrier. Many scientific papers on these topics have been published in the *International Journal of Psychoanalysis*, among others.

For 15 years I have helped to develop the public Summer University of Psychoanalysis of the German Psychoanalytic Association, which is attended by about 300 interested people every year, many of whom have been won over for psychoanalytic training. This institution has attracted interest throughout Europe. For the past 8 years I have been involved in the conception and organisation of the European Psychoanalytic Conference for University Students (EPCUS) of the EPF.

I understand psychoanalysis as culture theory, as an applied social science and as a psychotherapeutic method with different procedures. During my time as chair of the DPV, a social

and cultural psychoanalytic continuing education programme was established, and statements on current issues of the day were published.

As the European representative on the IPA Board, I would like to advocate again for ensuring that this understanding of psychoanalysis, which goes back to Freud, continues to be cultivated and developed in the IPA. In doing so, I would like to build on the experiences I gained in this position from 2015 to 2019. They have shown me how important international relations are.

I would like to promote excellent clinical training of psychoanalysts worldwide and secure and consolidate the implementation of psychoanalysis in the scientific world. This includes the support of single clinical case research as well as transdisciplinary research in diverse fields of application of psychoanalysis and the increasing networking of research centres and projects. I would like to work to ensure that the applications of psychoanalysis also reach people of disadvantaged social classes worldwide. In view of global developments, the establishment of an independent fourth IPA region should be further promoted. For these goals I ask for your support.

Martin Teising:

Chairman of the Alexander-Mitscherlich-Institut Kassel, Local Training Institute of Deutsche Psychoanalytische Vereinigung (2002-2008). DPV Board 2008-2014 (incoming President 2008-2010; President 2010-2012; outgoing President 2014). European Psychoanalytic Federation Council (2010-2012). Since 2021 head of the Local Education Committee in Kassel

IPA: Committee Psychoanalytic Perspectives on Ageing of Patients and Analysts (2011-2017, European co-Chair since 2013). Committee on Psychoanalysis and the Mental Health Field (2013-2017), Board member European Representative 2015-2019, Budget and Finance Committee 2015-2019, since 2021 Confidentiality Committee